



Girls on the Run Salt Lake County Volunteer Application

Girls on the Run Salt Lake
P.O. Box 58337
Salt Lake City, Utah 84158

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THANK YOU for your interest in volunteering with Girls on the Run! Once you return your application, we will contact you to arrange for an interview. We are looking forward to working with you!

LAST NAME: _____ FIRST NAME: _____ M.I. _____

HOME ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____ BIRTHDATE: _____

HOME PHONE: _____ WORK PHONE: _____

CELL PHONE: _____ EMAIL: _____

Please answer the following questions:

1. I am interested in serving as a **Girls on the Run**:

Head Coach (open to women only)

Assistant Coach

Running Buddy for Community 5K

Is there a school you would like to request to be a running buddy for? _____

Is there a specific girl you would like to be a running buddy for? List name _____

Are you a teacher? _____

Are you a parent of a girl in the program? _____

Have you previously been a running buddy? (list school/year) _____

Volunteer for Community 5k

Volunteer for specific site (i.e., bring snacks, prepare lesson materials)

Webmaster/Developer

Administrative supporter

Spokesperson/Representative at open houses, volunteer fairs, etc.

Fundraiser and/or Grant Writer

Other - Please explain: _____

2. If you are interested in coaching, please check the area(s) of Salt Lake County that you would prefer to volunteer in [please check all that apply]:

University/Sugarhouse

West Valley City (Kearns, Rose Park, Magna)

South Jordan/West Jordan

Holladay/Cottonwood Heights

Taylorsville/Murray

Draper

Additional Information

1. How did you hear about Girls on the Run of Salt Lake?

Friend, please share their name with us so we can thank them:

Poster/Sign Website Volunteer Fair/Open House Other: _____

2. What is your experience working with children, specifically in 3rd-5th grades?

3. Special skills/qualifications you possess that would be of value to Girls on the Run:

4. Why do you wish to volunteer with Girls on the Run and/or what attracted you to our program?

5. Why is working with girls and /or running important to you?

6. Name one of your strengths and one of your challenges, especially in reference to working with girls.

7. What do you do to maintain the balance in your life?

8. As a coach or volunteer, what is the one thing that you want the girls to specifically learn from you?

9. Why would you be a good role model for these girls?

10. Please list two individuals who can serve as references for you and your character.

Name	Contact Information	Relationship to You

11. Please briefly list your education background/volunteer experience/work experience.

As a **Girls on the Run** policy, coaches must be drug-free and tobacco-free and must not consume excessive amounts of alcohol. In addition, if a Girls on the Run coach has suffered from an eating disorder, that coach must have completed treatment at least one year prior to the date signed below. Girls on the Run of Salt Lake County reserve the right to dismiss volunteers for violation of this policy. By signing below, you solemnly swear that you are abiding by all of the above policies and the terms set forth in the head or assistant coach job description.

Signature _____ Date _____