

**GIRLS ON THE RUN® SALT LAKE COUNTY  
REGISTRATION FORM  
Spring Session (February 27-May 19, 2012)**

**PARTICIPANT'S NAME:** \_\_\_\_\_

**SITE/SCHOOL:** \_\_\_\_\_

**AGE ON February 27, 2012:** \_\_\_\_\_

**BIRTHDATE:** \_\_\_\_\_

**GRADE:** \_\_\_\_\_

**PARENT/GUARDIAN NAME:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

**CITY:** \_\_\_\_\_ **STATE:** \_\_\_\_\_ **ZIP:** \_\_\_\_\_

**PHONE: (day)** \_\_\_\_\_  
**(evening)** \_\_\_\_\_ **(cell)** \_\_\_\_\_

**PARENT E-MAIL:** \_\_\_\_\_

**T-SHIRT SIZE:** Youth M (10-12) Youth L (14-16) Adult S Adult M Adult L Adult XL Adult XXL

Optional Race/Ethnicity Disclosure: (some of our charitable donors collect this information):

White  Black  Hispanic  Asian  Other: \_\_\_\_\_

The 10-12 week program begins February 27th and meets one or two times a week through the week of May 19th.

**RELEASE**

Please indicate how you would like us to release your child at the end of each session. (You may check more than one.)

One of the following people will pick up my child: \_\_\_\_\_

\_\_\_\_\_  
 My child is permitted to walk home unescorted

Other (Please describe) \_\_\_\_\_

**GOTR HISTORY**

Has your daughter participated in GOTR during a prior season?  Yes  No

**PHOTOGRAPHS**

During the program we occasionally take photos of the girls and local news or other media may feature the program. May we use media/photos of your child for future brochures, publications, or in other ways to promote the program?

Yes  No

**PRE/POST EVALUATION**

As part of our national program, we participate in a survey of the girls, designed to assess the changes in attitudes, beliefs and skills of the program. Your daughter will not be asked to provide her name on her questionnaire. May we include your child in this survey?

Yes  No

**VOLUNTEERS NEEDED**

Volunteer coaches are needed to lead each team of girls. Coaches do not need to be runners. In addition, we need volunteer running buddies for each of the participants, who run both the practice 5K and the actual 5K race with their designated girl. Are you interested in receiving more information about coaching or being a running buddy? Please be sure we have your email address above.

Yes  No

**REGISTRATION FEE – check a box below and attach a check or money order**

The cost of the Girls on the Run program is \$160 per girl for the 10-12 week program. This \$160 covers the full cost of one child’s participation which includes:

- 24 lessons conducted by certified GOTR coaches
- Official GOTR Program T-shirt
- Participation/registration for the 5K celebration event , race t-shirt, water bottle, goodie bag and medal
- a healthy snack at each practice
- 

A family that can afford to pay \$160 is asked to pay the full amount. Participants of Girls on the Run and their families who are not able to pay \$160 choose a program fee ranging from \$35.00 to \$160, as set forth in the fee section below. Girls participate equally in the program regardless of the fee their family selects. **Girls must complete the program to receive all benefits noted above.** Local fund raising efforts and donations help to bridge the gap between program fees paid and necessary sponsorship. Families that have the ability to and are interested in supporting the program beyond the \$160 **may choose to sponsor additional girls as well in the fee section below.**

Family Income	Fee
Greater than \$50,000	\$160
\$49,000-\$30,0000	\$120
\$29,999-\$20,000	\$75
\$Less than \$19,999	\$35

- I choose to pay a registration fee in the amount of \$ \_\_\_\_\_. My check or money order is attached made payable to Girls on the Run Salt Lake County®. Check number: \_\_\_\_\_.
- I am unable to pay the full registration fee and ask to have my daughter be a sponsored participant. I have included payment of \$ \_\_\_\_\_ which represents a discounted registration fee, as set forth above.
- I would like to sponsor another child who is unable to pay to participate and/or make a contribution to Girls on the Run Salt Lake County in the amount of \$ \_\_\_\_\_.

**\*NOTE: Program fees are non-refundable after March 13, 2012.**

**PROMOTIONAL RELEASE**

With your permission we provide your daughter’s name and address to Girls on the Run International® for your daughter to receive a national Girls on the Run® Newsletter or occasional Girls on the Run® promotional information. As part of our agreement with Girls on the Run International® and its sponsors, the registration information provided may result in your receiving information from Girls on the Run® or its sponsors on products or services, such as Girls on the Run® apparel and accessories.

**AUTHORIZATION**

Physical reactions to exercise may include heat related illnesses, abnormal heartbeats and blood pressure and, in rare instances heart attacks. Serious health risks are rare. While Girls on the Run® takes all reasonable precautions, we can make no guarantees regarding these risks. I recognize there is a risk of personal injury by participating in the 5K run/walk. I hereby for my daughter, myself, my heirs, executors, and administrators, waive and release all rights and claims for damages I may have against Girls on the Run Salt Lake County, any sponsors of the event, its agents, representatives, successors and assigns for any and all injuries suffered by my daughter or which may rise out of traveling to, participating in, and returning from this 5k event.

I have read this form and understand there are inherent risks associated with physical activity. To the best of my knowledge my child is physically healthy and is able to participate in the Girls on the Run® program. By my signature below, I give permission for my daughter to participate in this program, the final 5k Run, the evaluation testing and the newsletter release as specified above to be provided to the national office of GOTR®.

\_\_\_\_\_  
Participant's Name (print please)

\_\_\_\_\_  
Signed by parent or guardian

\_\_\_\_\_  
Date